



Info Sheet: Mental Health Professionals

Mini-Team 2: What kind(s) of mental health professionals would you suggest to the character in your group's case scenario?

<p>Community Health Worker Requirement: CHW Certificate</p>	<ul style="list-style-type: none"> Public health worker Has a close understanding of the community served – like they grew up there or are unusually familiar with the culture Acts as the link between social/health services and the community; can help identify community-based resources
<p>Psychiatric Technician Requirement: Psych Tech License</p>	<ul style="list-style-type: none"> Frontline mental health employee in various health care settings Provides hands-on care to people with mental illnesses and/or developmental disabilities
<p>Alcohol & Drug Counselor Requirement: Substance Use Counselor Certificate</p>	<ul style="list-style-type: none"> Also known as substance abuse counselors; focus on addiction Works closely with clients to identify problem behaviors and offer solutions Assists individuals in finding the right path to recovery
<p>Peer Support Specialist Requirement: Associate's or Bachelor's Degree in Psych or Sociology</p>	<ul style="list-style-type: none"> Someone who has been successful in recovery from their own mental health or substance use disorder Helps others who are experiencing a similar situation
<p>Case Manager Requirement: Associate's or Bachelor's Degree in Psych or Sociology</p>	<ul style="list-style-type: none"> Social service workers who coordinate care for their clients Performs intake interviews to gain understanding of a client's needs Works with agencies and institutions connect clients to care / services
<p>Therapeutic Behavioral Specialist Requirement: Associate's or Bachelor's Degree in Psych or Sociology</p>	<ul style="list-style-type: none"> Provides intensive, individualized, short-term outpatient treatment for youth up to age 21 Serves youth with serious emotional disturbances, mental health conditions interfering with daily functioning and youth experiencing stressful transitions or life crises
<p>Registered Nurse – Psychiatric Requirement: BS in Nursing</p>	<ul style="list-style-type: none"> Cares for patients/clients receiving treatment for mental illnesses, addiction, eating disorders or substance abuse Usually works in a hospital or clinic
<p>Licensed Clinical Social Worker (LCSW) Requirement: Master of Social Work</p>	<ul style="list-style-type: none"> Works in a wide variety of settings to provide emotional support, mental health evaluations, therapy and case management services Helps people experiencing psychological, emotional, medical, social and/or familial challenges



<p>Licensed Marriage & Family Therapist (LMFT) Requirement: Master of Science in Counseling</p>	<ul style="list-style-type: none"> • Trained in psychotherapy and family systems • Able to diagnose and treat mental and emotional disorders individuals, couples and families
<p>Board Certified Behavior Analyst (BCBA) Requirement: Master of Science in Applied Behavior Analysis</p>	<ul style="list-style-type: none"> • Certified in behavior analysis • Independent practitioners who analyze behavior • Can help someone to reduce unwanted behaviors and increase desired behaviors
<p>Public Health Program Manager Requirement: Master in Public Health</p>	<ul style="list-style-type: none"> • Focused on the health of individuals, families and communities • Analyzes and develop healthcare programs with the goal of reaching as many people as possible • Administers programs that teach healthy lifestyle habits and prevention of disease and illness
<p>Licensed Clinical Psychologist Requirement: Doctor of Psychology</p>	<ul style="list-style-type: none"> • Works in a wide variety of settings to help people learn to cope with stressful situations, overcome addictions, and manage chronic illnesses • Provides tests and assessments that can help diagnose a condition or tell more about the way a person thinks, feels, and behaves
<p>Psychiatric-Mental Health Nurse Practitioner Requirement: Doctorate in Nursing Practice</p>	<ul style="list-style-type: none"> • Provides comprehensive mental health care to patients navigating behavioral challenges and mental health disorders • Provides diagnostic care and treatment • Focuses on psychiatric/mental health maintenance and wellness using medicine and therapy
<p>Psychiatrist Requirement: Medical Doctor with Psychiatric Residency</p>	<ul style="list-style-type: none"> • Medical doctor (an M.D. or D.O.) • Specializes in mental health, including substance use disorders • Qualified to assess both the mental and physical aspects of psychological problems • Focused on the diagnosis, treatment and prevention of mental, emotional and behavioral disorders • Can prescribe medication