



## Case Scenario #5: Dennis

**Directions:** Read this case scenario as a whole group. Then, fill out the top section of your worksheet with the key details of the case. What signs and symptoms of a mental/behavioral health challenge do you notice?

*Dennis is one of the school's star athletes. He has played sports his whole life and always talks about how much he wants a scholarship so he can go to college. He's thinking maybe baseball or basketball will get him there. Everyone at school is talking about the game on Friday night – Dennis got hurt really badly and had to be taken to the hospital. When he comes back to school after a few weeks he's on crutches and seems really down. He tore his ACL and needed surgery. While doctors have told him they think he will recover with physical therapy, he is out of sports for the rest of the year and his chances of a sports scholarship are gone. You notice that Dennis barely talks to anyone, doesn't come to any after school events and keeps to himself.*

*\*Note:* This case scenario is fictional. However, it is important to recognize that the descriptions of characters and their situations may be emotionally activating. Please reach out to your teacher or a trusted adult if you need support.