



Case Scenario #4: Rosie

Directions: Read this case scenario as a whole group. Then, fill out the top section of your worksheet with the key details of the case. What signs and symptoms of a mental/behavioral health challenge do you notice?

Rosie is so much fun to be with. She's always laughing and joking around in the hallways, always introduces herself to new people and seems to know everyone. One day you head to the gym and see that Rosie is behind the bleachers. You see her look around and then take a pill. She sees you and makes an excuse "It's just a vitamin," she says as she grabs her backpack and heads out the door. Later that week you see her again, taking some pills before English class. You notice that she has been quieter lately and her hair has been messed up. In English class she got really angry with the teacher and almost got sent to the office. That's not like Rosie and you're getting concerned.

***Note:** This case scenario is fictional. However, it is important to recognize that the descriptions of characters and their situations may be emotionally activating. Please reach out to your teacher or a trusted adult if you need support.