





## Case Scenario #3: Daniel

<u>Directions:</u> Read this case scenario as a whole group. Then, fill out the top section of your worksheet with the key details of the case. What signs and symptoms of a mental/behavioral health challenge do you notice?

Daniel is new to your school. You sit next to him in history class and introduce yourself. When you ask where he used to live he doesn't answer. Later that day a rumor is going around that Daniel used to live in a car with his mom and little brother. You try talking to him again but he seems really shy. One day he snaps back at you and tells you to mind your own business. You still want to try and get to know him – even if he was upset the other day. So you invite him to come to the football game with you and to your surprise he agrees. As you're watching the game, he says "We live in a shelter because my dad hurts my mom." You want to try and help him but don't really know what to do.

\*Note: This case scenario is fictional. However, it is important to recognize that the descriptions of characters and their situations may be emotionally activating. Please reach out to your teacher or a trusted adult if you need support.