



Case Scenario #2: Genoveva

Directions: Read this case scenario as a whole group. Then, fill out the top section of your worksheet with the key details of the case. What signs and symptoms of a mental/behavioral health challenge do you notice?

Genoveva is your best friend. She is going through a really bad break-up and is upset these days because her partner is posting photos of a new relationship on social media. You have been at her side and trying to support her. You're hanging out one day and you notice that she's fidgeting a lot and keeps talking about how she isn't pretty and needs to lose weight. You tell her she's gorgeous and has an amazing personality but she brushes you off. When you go out on Saturday you see that she doesn't order anything when you stop for lunch. When you ask her about it she says "I already ate before we left" but you feel like she may be lying. She's started to wear really big sweatshirts to school every day. She has dark circles under her eyes and she tells you that yesterday she fainted.

***Note:** This case scenario is fictional. However, it is important to recognize that the descriptions of characters and their situations may be emotionally activating. Please reach out to your teacher or a trusted adult if you need support.